**CLIENT INFORMATION SHEET**

Feel free to extend the boxes or add additional sheets as necessary. Please then email back to [dawnpaul232@gmail.com](mailto:dawnpaul232@gmail.com). If you cannot add to this document for any reason, you can simply email your information using the headers as a guide.

|  |  |
| --- | --- |
| Name |  |
| Email Address |  |
| DOB and Age |  |
| Full Address |  |
| Mobile Number |  |
| Doctor name and address |  |
| Medical Conditions  (use separate sheet if necessary) |  |
| Operations  (inc terminations) |  |
| Mental Health Issues  (Depression, anxiety, panic attacks or anything diagnosed) |  |
| Medication |  |
| How good is your diet? |  |
| How well do you sleep?  Please describe. |  |
| Energy Levels |  |
| Familial illness  (Mum or Dad) |  |
| Status  (Married, single,kids) |  |
| Occupation |  |
| How did you find me? |  |
| What would you like to work on?  (Don’t worry if you don’t know for sure and feel free to use more space here! Just let me know about your experiences and how you feel they have affected you. If it helps, focus on the three main issues that have affected you in your life and we can go from there.) |  |
| What is your ‘wish list?’ How would you like to be or feel? |  |
| Thank you for providing this information!  Here are a few points you may find useful.  I  Blessings to you! | Please email this form to me and make payment and I will come back to you with the next free date. Please note that I will normally start working on you five days before your appointment date, so you might be aware of this if you are sensitive but don’t worry, I am just getting your body ready for your session.  There will be ample time to talk in your session so please don’t worry if you forget to mention something in this form, we will go over it in your session. After we talk, I will take a short break to check you for fifty different things which may be affecting you.  There really is nothing to worry about, so the more relaxed you can be for your session the better. If you can relax for at least ten minutes before your session that will help you. Please make sure you will not be disturbed for the duration of your session, (which will normally be no more than 1.5 hours). Do get nice and comfy and try to make sure that you have some time to yourself afterwards to relax and process. Most people like call me from their bed or sofa!  I’m so looking forward to assisting you on your healing journey!  Please note: Because your work starts five or so days before your appoinment please note that missed appointments or cancellation within the five-day period are chargeable at the full rate. By completing this form or having it completed for you, you confirm that you have read and understood our Terms and Conditions and Disclaimer. |