**CLIENT INFORMATION SHEET**

(Feel free to extend the boxes or add additional sheets. Email back to dawnpaul232@gmail.com)

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| --- | --- |
| Name |  |
| Email Address |  |
| DOB and Age |  |
| Full Address |  |
| Mobile Number |  |
| Doctor name and address |  |
| Medical Conditions(use separate sheet if necessary) |  |
| Operations(inc terminations) |  |
| Mental Health Issues(Depression, anxiety, panic attacks or anything diagnosed)  |  |
| Medication |  |
| How good is your diet? |  |
| How well do you sleep? Please describe. |  |
| Energy Levels |  |
| Familial illness(Mum or Dad) |  |
| Status(Married, single,kids) |  |
| Occupation |  |
| How did you find me? |  |
| What would you like to work on?( Don’t worry if you don’t know for sure and feel free to use more space here! Just let me know about your experiences and how you feel they have affected you. If it helps, focus on the three main issues that have affected you in your life and we can go from there.) |  |
| What is your ‘wish list?’ How would you like to be? (This helps me to know where I have to get you to!) |  |
| Thank you for providing this information! It will be kept in strict confidence.Here are a few points you may find useful.Blessings to you! | Please email this form to me asap. Please note that I will start working on you five days before your appointment, so you might feel a little bit worse but don’t worry, I am just getting you ready for your session. For this reason, please note that missed appointments are chargeable at the full rate. Please note that there will be ample time to talk in your session so don’t worry if you forget to mention something. In your session, we will chat, I will then check you for fifty different things which may be affecting you and we will go from there and get you sorted out. This work is suitable for everyone, including children and autistic children. There really is nothing to worry about, so the more relaxed you can be for your session the better. Do make sure you will not be disturbed for your session, get nice and comfy and you have time to yourself afterwards to relax. Most people call me from their bed or sofa! Im looking forward to helping you on your healing journey!  |